

The Rappahannock Area Community Services Board (RACSB) is an agency of local government which was established in 1970 under Chapter 10 of the Code of Virginia. RACSB provides community-based mental health, intellectual disability, alcohol/drug abuse, prevention, and early intervention services for the City of Fredericksburg and the Counties of Caroline, King George, Spotsylvania, and Stafford.

The Board is composed of fifteen volunteer members who are appointed by the local governing bodies. The Board members are people from the community with various occupations and interests, who serve three-year terms of office.

Mission

The Rappahannock Area Community Services Board is committed to improving the quality of life for people residing in Planning District 16 with mental health, intellectual disability and substance abuse problems and preventing the occurrence of these conditions. We do this through an integrated community-based system of care that is responsive to individual needs and choices. We respect and promote the dignity, rights, and full participation of individuals and their families.

Internationally Accredited

The following RACSB programs are internationally accredited by CARF (Commission on Accreditation of Rehabilitation Facilities): mental health and substance abuse outpatient programs; adult mental health and adult substance abuse case management; child/adolescent outpatient and case management; crisis stabilization program; psychosocial rehabilitation; adult and child/adolescent drug court treatment; and mental health community housing.

State Licensure

All RACSB programs are licensed by the Virginia Department of Behavioral Health and Developmental Services (DBHDS).

RACSB Administrative Offices & Fredericksburg Clinic

Ronald W. Branscome Building
600 Jackson Street
Fredericksburg, VA 22401
540-373-3223

RACSB Caroline County Clinic

Patricia K. Spaulding Building
19254 Rogers Clark Blvd.
Ruther Glen, VA 22546
804-633-9997

RACSB King George County Clinic

Marie O. Kunlo Building
8479 St. Anthony's Road
King George, VA 22485
540-775-9879

RACSB Spotsylvania County Clinic

Edith O. Fleming Building
7424 Brock Road
P.O. Box 277
Spotsylvania, VA 22553
540-582-3980

RACSB Stafford County Clinic

Charles A. Cooper Building
15 Hope Road
Stafford, VA 22554
540-659-2725

No one is denied services based on inability to pay.
Financial assistance is available.

RACSB complies with the Americans with Disabilities Act.
Equal access to programs, services and employment is
available to all persons.

Information current as of 12/2012 and subject to change without notice. 1.5M

Intellectual Disability Residential Services



**Rappahannock Area Community
Services Board**
600 Jackson Street / Fredericksburg, VA 22401
540-373-3223

Intellectual Disability Residential Services

The Rappahannock Area Community Services Board (RACSB) Intellectual Disability Residential Services provides a variety of rehabilitative and supportive housing options for persons who need a special living arrangement to live successfully in the community.

RACSB staff tailor services to meet the needs of each individual. They work together to build independent living skills and develop social skills. Residents are integrated within their community and services are coordinated with other providers.

Residential services are available to individuals living in the City of Fredericksburg and the Counties of Caroline, King George, Spotsylvania, and Stafford.

Group Homes

Group Homes are owned and operated by RACSB and provide 24-hour intensive and structured support for adults with an intellectual disability.

- **Churchill Drive Group Home**, Spotsylvania County, six residents
- **Devon Drive Group Home**, Caroline County, four residents
- **Galveston Road Group Home**, Stafford County, six residents
- **Igo Road Group Home**, King George County, five residents
- **Leeland Road Group Home**, Stafford County, six residents
- **New Hope Estates Group Home**, Stafford County, six residents
- **Piedmont Drive Group Home**, Spotsylvania County, four residents
- **Ruffins Pond Group Home**, Spotsylvania County, five residents



- **Scottsdale Estates Group Home**, Stafford County, six residents
- **Stonewall Estates Group Home**, Spotsylvania County, six residents
- **Wolfe Street Group Home**, Fredericksburg, six residents

Supervised Apartment Program

The Supervised Apartment Program allows individuals to rent apartments either owned or leased by RACSB. Supervision is provided on a 24-hour basis.

- **Belmont Supervised Apartment Program**, Fredericksburg, three two bedrooms apartments and one one-bedroom apartment
- **Brittany Commons Supervised Apartment Program**, Spotsylvania County, six two-bedroom apartments and one one-bedroom apartment

Supported Living Arrangements

Supported Living Arrangements allow individuals to live in housing of their own through supportive services from RACSB staff. Medicaid Waiver funds provide payment for this type of in-home support for children and adults with an intellectual disability who are at risk of institutionalization.

Sponsored Placement Program

The Sponsored Placement Program matches individuals with families who provide room, board, and supervision while teaching independent living skills. Individuals have access to intensive case management, behavioral management, day support services, supportive counseling, and recreational activities within the community.

Intermediate Care Facilities

Similar to group homes, Intermediate Care Facilities provide a higher level of support to individuals with more complex medical and behavioral needs. The Lucas Street and Ross Drive ICFs are located in Spotsylvania County. Each are home to four residents.

Respite Care

The Myers Drive Respite Care Group Home, located in Stafford County, provides respite services for up to six individuals at a time. Individuals with an intellectual disability can use the service for a few hours or as long as two weeks. Individuals can learn new skills and experience independence while caregivers benefit from a rest from care responsibilities or tend to other obligations or commitments.

Eligibility Requirements

To be eligible for Intellectual Disability Residential Services, an individual must be diagnosed with an intellectual disability. Additionally, the individual must be active to RACSB Case Management, which will complete an assessment of needs.

RACSB also provides:

- **24-hour Crisis Intervention** – Clinicians provide assistance over the phone or, when appropriate, arrange to meet the individual.

Caroline County – 804-633-4148

King George County – 540-775-5064

Fredericksburg, Spotsylvania, and Stafford Counties – 540-373-6876

- **Support Coordination/Case Management Services**
- **Day Support Services** through Rappahannock Adult Activities (RAAI) and other area agencies
- **Early Intervention Services** through the Parent Education – Infant Development Program (birth to age three)



Scottsdale Estates Group Home