

The Rappahannock Area Community Services Board (RACSB) is an agency of local government which was established in 1970 under Chapter 10 of the Code of Virginia. RACSB provides community-based mental health, intellectual disability, substance abuse, prevention, and early intervention services for the City of Fredericksburg and the Counties of Caroline, King George, Spotsylvania, and Stafford.

The Board is composed of 15 volunteer members who are appointed by the local governing bodies. The Board members are people from the community with various occupations and interests, who serve three-year terms of office.

Mission

The Rappahannock Area Community Services Board is committed to improving the quality of life for people residing in Planning District 16 with mental health, intellectual disability and substance abuse problems and preventing the occurrence of these conditions. We do this through an integrated community-based system of care that is responsive to individual needs and choices. We respect and promote the dignity, rights, and full participation if individuals and their families.

Internationally Accredited

The following RACSB programs are internationally accredited by CARF (Commission on Accreditation of Rehabilitation Facilities): mental health and substance abuse outpatient programs; adult mental health and adult substance abuse case management; child/adolescent outpatient and case management; crisis stabilization program; psychosocial rehabilitation; adult and child/adolescent drug court treatment; and mental health community housing.

State Licensure

RACSB programs are licensed by the Virginia Department of Behavioral Health and Developmental Services (DBHDS).

RACSB Administrative Offices & Fredericksburg Clinic

Ronald W. Branscome Building
600 Jackson Street
Fredericksburg, VA 22401
540-373-3223

RACSB Caroline County Clinic

Patricia K. Spaulding Building
19254 Rogers Clark Boulevard
Ruther Glen, VA 22546
804-633-9997

RACSB King George County Clinic

Marie O. Kunlo Building
8479 St. Anthony's Road
King George, VA 22485
540-775-9879

RACSB Spotsylvania County Clinic

Edith O. Fleming Building
7424 Brock Road
P.O. Box 277
Spotsylvania, VA 22553
540-582-3980

RACSB Stafford County Clinic

Charles A. Cooper Building
15 Hope Road
Stafford, VA 22554
540-659-2725



No one is denied services based on inability to pay.
Financial assistance is available.

RACSB complies with the Americans with Disabilities Act.
Equal access to programs, services and employment is available to all persons.

Information current as of 9/2015 and subject to change without notice.



Rappahannock Area Kids on the Block

www.rakob.org

Donate: CFC 53237
CVC 3834
LGC 6433



Rappahannock Area Community Services Board

600 Jackson Street / Fredericksburg, VA 22401
540-940-2325



www.rappahannockareacsb.org

Meet Rappahannock Area Kids on the Block!

We're a unique troupe of disabled and non-disabled puppets that speak to children and teens about tolerance and understanding of people with disabilities and differences. Through our performance and workshops, we also relay important health and safety issues.

As puppets, we are nearly life-size and dress and act like real children. We each have our own distinct personalities with definite likes and dislikes; hopes and fears; talents and limitations.

The Rappahannock Area Kids on the Block (RAKOB) performances and workshops are available to area schools and daycare centers (appropriate for pre-school through high school), as well as youth, community, and church groups.



Learning Workshops Available

RAKOB is growing and developing new uses for each of its topics. Workshops for middle and high school students bring our unique educational method to economically challenged socio-groups that may have a critical need for social change and understanding within their own neighborhoods. When given the opportunity to become puppeteers, some participants discover their own personal stories within the performance scripts. Those in the audience may find it easier to express their feelings. The workshop experience gives participants the tools to be positive solutions in their communities.

A RAKOB puppet performance on these issues looks at the past to alter the present to make changes for the future.

Available Program Topics

- Adult Literacy
- Alcohol, Tobacco, and Other Drugs
- Autism
- Automobile and Bicycle Safety
- Avoiding Gang Violence
- Bullies and School Safety
- Cerebral Palsy
- Children's Mental Health
- Combating Childhood Obesity
- Coping with Crisis
- Diabetes (Juvenile)
- Emotional Disturbance
- Fire Safety
- Intellectual Disabilities/Mental Retardation
- Learning Disabilities
- Life Lessons (Being a Good Person)
- Physical Abuse
- Prejudice Prevention
- Positive Self-esteem
- Sexual Abuse
- Visual Impairment

To learn more, visit www.rakob.org



To schedule a performance or workshop, call 540-940-2325 or email rakob@racsb.state.va.us.

Volunteer opportunities available.
Tax-deductible donations welcomed.

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"I'm a regular kid just like anybody else. But lots of people think that you need to treat people with disabilities differently. I like to share my story and help others understand differences."

Mark Riley



Schedule a Performance

As puppets, we serve as positive role models. Our programs bring to life many problem-solving solutions by modeling positive attitudes for the prevention of bullying, gang membership, prejudice, teen pregnancy, alcohol abuse, drug use, tobacco use, and more. We also have programs targeting childhood obesity education and safety solutions for fire prevention, seat-belt use, bicycle use, and most important of all, how to be a good person in the community.



The Rappahannock Area Community Services Board (RACSB) serves as the fiscal agent.