

About Us

The Rappahannock Area Community Services Board (RACSB) is an agency of local government which was established in 1970 under Chapter 10 of the Code of Virginia. RACSB provides community-based mental health, developmental disability, substance abuse, prevention, and early intervention services for the City of Fredericksburg and the Counties of Caroline, King George, Spotsylvania, and Stafford.

The Board is composed of 15 volunteer members who are appointed by the local governing bodies. The Board members are people from the community with various occupations and interests, who serve three-year terms of office.

Mission

The Rappahannock Area Community Services Board is committed to improving the quality of life for people residing in Planning District 16 with mental health, developmental, and substance abuse problems and preventing the occurrence of these conditions. We do this through an integrated community-based system of care that is responsive to individual needs and choices. We respect and promote the dignity, rights, and full participation of individuals and their families.

Internationally Accredited

The following RACSB programs are internationally accredited by CARF (Commission on Accreditation of Rehabilitation Facilities): mental health and substance abuse outpatient programs; adult mental health and adult substance abuse case management; child/adolescent outpatient and case management; crisis stabilization program; psychosocial rehabilitation; adult and child/adolescent drug court treatment; and mental health community housing.

State Licensure

RACSB programs are licensed by the Virginia Department of Behavioral Health and Developmental Services (DBHDS).

Outpatient Clinic Locations

RACSB Administrative Offices & Fredericksburg Clinic

Ronald W. Branscome Building
600 Jackson Street
Fredericksburg, VA 22401
540-373-3223

RACSB Caroline County Clinic

Patricia K. Spaulding Building
19254 Rogers Clark Boulevard
Ruther Glen, VA 22546
804-633-9997

RACSB King George County Clinic

Marie O. Kunlo Building
8479 St. Anthony's Road
King George, VA 22485
540-775-9879

RACSB Spotsylvania County Clinic

Edith O. Fleming Building
7424 Brock Road
P.O. Box 277
Spotsylvania, VA 22553
540-582-3980

RACSB Stafford County Clinic

Charles A. Cooper Building
15 Hope Road
Stafford, VA 22554
540-659-2725

No one is denied services based on inability to pay. Financial assistance is available.

RACSB complies with the Americans with Disabilities Act. Equal access to programs, services and employment is available to all persons.

Information current as of 8/2016 and subject to change without notice.

Emergency Services

540-373-6876



**Rappahannock Area
Community Services Board**

600 Jackson Street
Fredericksburg, VA 22401
540-373-3223



Emergency Services

Rappahannock Area Community Services Board (RACSB) Emergency Services therapists provide crisis intervention services 24-hours a day, 365 days a year. Clinicians provide assistance over the telephone or, when appropriate, arrange to meet the caller at a designated location.

Services provided include:

- crisis intervention;
- assessments to determine eligibility for voluntary and involuntary admission to local and state psychiatric facilities; and
- prescreening for admission to the Crisis Stabilization Program.

Crisis Intervention Services

Emergency Services therapists are available to provide brief crisis counseling when needed and to arrange referrals to RACSB programs and other community resources. The goal is to help individuals develop a plan that will allow them to remain in the community safely while accessing appropriate outpatient treatment. Emergency Services staff members often assist individuals by organizing their natural sources of support, including family members and others, who may be useful in developing a safety plan.

Emergency Custody Orders

If family members or other interested parties believe that an individual is mentally ill and represents a danger, either to himself or others, or is unable to care for his basic needs, they may seek an Emergency Custody Order (ECO) from the magistrate.

An ECO permits law enforcement personnel to transport the individual to a designated location (usually the emergency room of the local hospital) for a face-to-face assessment

by a RACSB Emergency Services therapist. The therapist will then determine if the individual meets the criteria for a Temporary Detention Order.

Temporary Detention Order

A Temporary Detention Order (TDO) requires that an individual be admitted to an inpatient psychiatric facility on an involuntary basis. Within 72-hours of the admission (not including weekends and holidays), a commitment hearing will be held to determine the need for continued involuntary hospitalization. Prior to the commitment hearing, an independent evaluator, who has no ties to the hospital, will assess the individual and provide a written report for the hearing. The individual will also be provided legal representation at the hearing.

At the commitment hearing, the special justice will consider all information provided by the individual and RACSB and hospital staff, as well as the testimony of any interested party asked to attend, and will render a decision regarding the need for continued care. The resulting order of the special justice may permit discharge from the hospital or may require continued involuntary treatment, either on an inpatient or an outpatient basis. If involuntary inpatient treatment is ordered, the individual will remain hospitalized until the treating physician approves a discharge or until released through a subsequent hearing. An individual cannot be hospitalized for more than 30 days without an additional hearing.

Commitment Criteria

To meet TDO/commitment criteria, it must be determined that the individual has a mental illness and that there exists a substantial likelihood that, as a result of mental illness,

the person will, in the near future:

- a. cause serious physical harm to himself or others as evidenced by recent behavior causing, attempting, or threatening harm and other relevant information, if any, or
- b. suffer serious harm due to his lack of capacity to protect himself from harm or to provide for his basic human needs.

Hospitalization must also be the least restrictive treatment option, meaning that the individual cannot be kept safe with a plan involving family, friends, and/or outpatient treatment.

RACSB also provides:

- Outpatient and Case Management Services
- Day Support Services at Kenmore Club
- Residential and Detoxification Services including the Crisis Stabilization Program at The Sunshine Lady House for Mental Health Wellness & Recovery
- Programs of Assertive Community Treatment (PACT)
- Outreach and support services for veterans and their families through Virginia Veteran and Family Support Services



24-hour Emergency Services

Caroline County – 804-633-4148

King George County – 540-775-5064

Fredericksburg, Spotsylvania County,
and Stafford County – 540-373-6876