

About Us

The Rappahannock Area Community Services Board (RACSB) is an agency of local government which was established in 1970 under Chapter 10 of the Code of Virginia. RACSB provides community-based mental health, intellectual disability, substance abuse, prevention, and early intervention services for the City of Fredericksburg and the Counties of Caroline, King George, Spotsylvania, and Stafford.

The Board is composed of fifteen volunteer members who are appointed by the local governing bodies. The Board members are people from the community with various occupations and interests, who serve three-year terms of office.

Mission

The Rappahannock Area Community Services Board is committed to improving the quality of life for people residing in Planning District 16 with mental health, intellectual disability and substance abuse problems and preventing the occurrence of these conditions. We do this through an integrated community-based system of care that is responsive to consumer needs and choices. We respect and promote the dignity, rights, and full participation of individuals and their families.

Internationally Accredited

The following RACSB programs are internationally accredited by CARF (Commission on Accreditation of Rehabilitation Facilities): mental health and substance abuse outpatient programs; adult mental health and adult substance abuse case management; child/adolescent outpatient and case management; crisis stabilization program; psychosocial rehabilitation; adult and child/adolescent drug court treatment; and mental health community housing.

State Licensure

All RACSB programs are licensed by the Virginia Department of Behavioral Health and Developmental Services (DBHDS).

Outpatient Clinic Locations

RACSB Administrative Offices & Fredericksburg Clinic

Ronald W. Branscome Building
600 Jackson Street
Fredericksburg, VA 22401
540-373-3223

RACSB Caroline County Clinic

Patricia K. Spaulding Building
19254 Rogers Clark Blvd.
Ruther Glen, VA 22546
804-633-9997

RACSB King George County Clinic

Marie O. Kunlo Building
8479 St. Anthony's Road
King George, VA 22485
540-775-9879

RACSB Spotsylvania County Clinic

Edith O. Fleming Building
7424 Brock Road
P.O. Box 277
Spotsylvania, VA 22553
540-582-3980

RACSB Stafford County Clinic

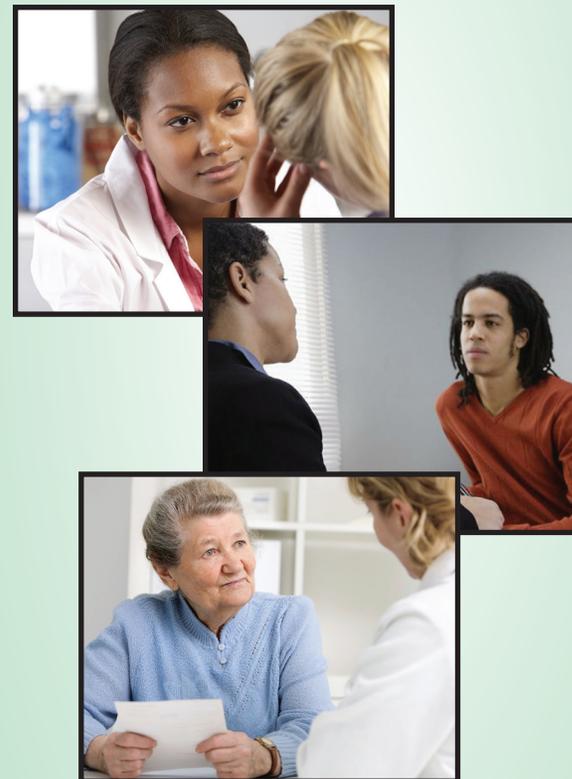
Charles A. Cooper Building
15 Hope Road
Stafford, VA 22554
540-659-2725

No one is denied services based on inability to pay. Financial assistance is available.

RACSB complies with the Americans with Disabilities Act. Equal access to programs, services and employment is available to all persons.

Information current as of 10/2014 and subject to change without notice.

Medication Management



**Rappahannock Area
Community Services Board**

600 Jackson Street
Fredericksburg, VA 22401
540-373-3223

Medication Management Services

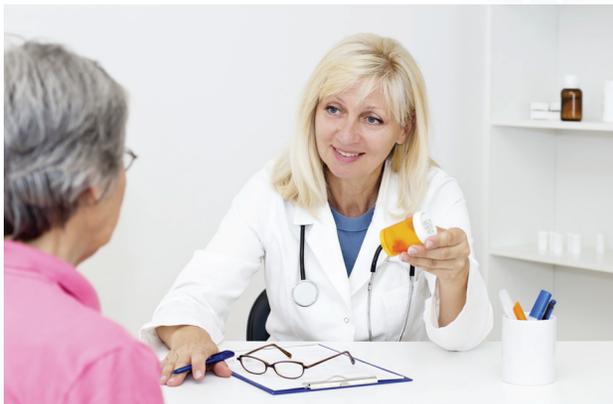
What is the Medication Management Program?

The purpose of the Medication Management Program of the Rappahannock Area Community Services Board (RACSB) is to maximize the level of functioning and reduce the symptoms experienced by individuals receiving services who are in need of medication management. As a service to individuals who participate in other RACSB services, our medical staff provides medication assessments, prescriptions when appropriate, and ongoing medication management.

Costs Associated with the Program

Like most services of RACSB, there is a fee for medication management services. At the first appointment, a financial interview will be conducted by our support staff. The purpose of the interview is to determine the individual's ability to pay.

RACSB is unable to provide medication without cost. You may be eligible for medication at a reduced rate. However, it is always best to discuss the cost of prescriptions with your physician. This is particularly important if you have recently been discharged from a private hospital where the cost of medication may not be apparent, because it is included in the total billing.



Come Prepared!

RACSB has a very important rule for your safety: You must bring all of your recent medication containers to each medical appointment. This assists us in assessing possible drug interactions as well as serving you as a whole person.

Side Effects

Medication does not affect every person in the same way. Your physician and nurse will review the specific side effects commonly observed with any of the medications prescribed to you. These often diminish after a few weeks of taking the medication.

Sometimes dosage is increased gradually to give your body the opportunity to adjust to the medication and reduce the side effects. Our medical staff will always make an effort to keep you on the lowest possible dosage while attaining the desired benefits.

Be sure to keep our medical staff aware of any uncomfortable side effects you experience. Good communication is the secret of getting the best results with the lowest dosage and the fewest side effects.

Medications & Other Drugs

Alcohol depresses the central nervous system, and when it is combined with medication this effect can be dramatically increased. It is very important for you to be completely honest with our medical staff regarding any other drugs you may be taking and the amount of alcohol you drink, even if you drink very little.

When a drug which may cause dependency is prescribed, a clear time table will be established for tapering off the medication. The individual

receiving services needs to clearly understand that he/she cannot expect to rely on this medication indefinitely, and that our medical staff will not continue to prescribe such medication.

Will I Always Need to Take Medication?

When you reach the goals set in your treatment plan and are ready to be discharged, you may still need to be on medication. At that time, it will be necessary to refer you to a physician in the community to continue the prescription of your medication. The staff at RACSB will assist you with this transition, including consulting with your physician.

24-hour Emergency Services

RACSB Emergency Services therapists provide crisis intervention services 24-hours a day, 365 days a year.

Caroline County - 804-633-4148

King George County - 540-775-5064

**Fredericksburg, Spotsylvania County,
and Stafford County - 540-373-6876**