



racsb

RAPPAHANNOCK AREA COMMUNITY SERVICES BOARD

WINTER 2006



RESPECT AWARD

**Kenmore Club Member
Velma Walker Recognized
for Advocacy Work
on Behalf of Persons
with Mental Illness**

Anonymous Donation to Support Kenmore Club Renovations



Al and Kathy Collins hold the plaque presented by RACSB Executive Director Ron Branscome on December 20, 2005.

Rappahannock Area Community Services Board has received an anonymous donation in the amount of \$125,000 for the Kenmore Club Building Renovation Project. The donation was made in honor of Caroline County residents Al and Kathy Collins, and in memory of their daughter, Anne Collins Stevens, who passed away following a single automobile accident. The Collins' were recognized by RACSB Executive Director Ron Branscome on Tuesday, December 20, 2005.

Kenmore Club is RACSB's psychosocial clubhouse for adults with serious and persistent mental illness. Located at 632 Kenmore Avenue, Kenmore Club offers pre-vocational, social, and transitional employment opportunities. The program began in 1981 at 1008 Prince Edward Street in Fredericksburg, and moved to its current location in 1988. The building project calls for interior renovations to include: improved lighting in the interior of the building; additional windows; an expanded entryway; higher ceilings in some areas of

the Club; a redesign of the clerical unit room and snack bar area; and possible replacement of flooring. Exterior renovations may take place in the future. "We want to brighten up the building, and make it more user-friendly," said Bill Loving, Cox & Associates Architects.

"In terms of a work environment that's inviting and makes folks want to be more productive and be part of the program, I think these renovations will do the trick," said John Butler, Kenmore Club Coordinator.

Anne Collins Stevens was a graduate of Caroline High School and James Madison University in Harrisonburg, Virginia, where she met and married Clifford Stevens. They later moved to Charleston, South Carolina, where Anne attended the Citadel to work towards her graduate degree, with plans to enter the mental health field. An advocate for individuals with brain disorders, Anne was an active member of the Charleston, South Carolina chapter of the National Alliance on Mental Illness (NAMI), and taught the organization's Family-to-Family program.

Al Collins was appointed by the Caroline County Board of Supervisors to RACSB's Board of Directors in September 2004, and currently serves as Vice-Chair. He has lived in Caroline County since 1946, with the exception of twenty-two years spent in the United States Army, from which he retired as a Lieutenant Colonel and served in two one-year tours in Vietnam. Kathy, originally from Newport News, Virginia, has lived in Caroline County for twenty-one years, since Al's retirement from the Army. Al presently substitute teaches for the Caroline County Public School System. Previously, Al and Kathy operated a Chevrolet dealership in Milford, Virginia. Al and Kathy are both active members of the National Alliance

on Mental Illness – Rappahannock (NAMI). They have three children: Mary, Steve, and Tom.



Left: Plans for exterior renovations to Kenmore Club, as drafted by Cox & Associates Architects

The Rappahannock Area Community Services Board (RACSB) is a local government agency which was established in 1970 under Chapter 10 of the Code of Virginia. The Board is composed of fifteen volunteer members who are appointed by the local governing bodies. The Board members are people from the community with various occupations and interests, who serve three-year terms of office.

CITY OF FREDERICKSBURG:

Rev. Lawrence Davies,
Barbara Williams

SPOTSYLVANIA COUNTY:

Edith Fleming, Sherry Givens,
Nancy Beebe

STAFFORD COUNTY:

Charles Cooper, Annette Johnson,
David Vaughn

CAROLINE COUNTY:

Barbara Terry, Linda Garrison,
Al Collins

KING GEORGE COUNTY

Marie Kunlo, Ira West, Beth Elkins

EXECUTIVE DIRECTOR

Ronald W. Branscome

RACSB Provides Orientations for Stafford County Officials

On February 17, 2006, RACSB hosted a tour for newly elected members of the Stafford County Board of Supervisors. In attendance were Supervisors Paul Milde, George Schwartz and Mark Dudenhefer, who took office in January 2006. The tour included visits to A Woman's Place, RACSB's specialized substance abuse program for women; Rappahannock Adult Activities, the agency's day support program for adults with mental retardation; Leeland Road Group Home, one of six RACSB group homes serving adults with mental retardation; Bridgewater Street Supervised Apartments, one of three supervised apartment programs operated by RACSB for adults with severe and persistent mental illness; and Kenmore Club, RACSB's day support program for adults with severe and persistent mental illness.

In a separate orientation, RACSB staff participated in a presentation to staff of the Stafford County Juvenile and Domestic Relations Court on Friday, February 24, 2006 at the Stafford County Courthouse. The purpose of the presentation was to provide court staff with information on the services available to individuals coming before the court, as well as the referral process for those services. Services discussed included: the Parent Education – Infant Development Program, Emergency Services, Outpatient Services, Detention-Based Services, Infant and Child & Adolescent Case Management, Juvenile Drug Treatment Court, School-Based Prevention Services, and Court Ordered Evaluations.

Top right: Stafford County Supervisors Mark Dudenhefer, Paul Milde, and George Schwartz, RACSB Board of Directors member Charles Cooper, and RACSB Community Support Services Director Jim Gillespie

Right: Sydney Williams, Juvenile Drug Treatment Court Supervisor, provides an overview of the program to Judge Gerald Daltan, Judge Julian Johnson, and staff



RACSB Breaks Ground on Seventh Mental Retardation Group Home



Left to right: Dee McCleskey, Jack Kunlo, and Debbie Draper, members of the Igo Road Group Home Board of Directors

On Thursday, January 26, 2006, RACSB broke ground on the agency's seventh mental retardation group home, Igo Road Group Home, located in King George County. The group home will serve five adults with mental retardation. RACSB currently operates six mental retardation group homes providing 24-hour intensive and structured support, the newest of which, Piedmont Drive Group Home, opened in the fall of 2004.

A statewide effort began in the early 1970's to bring individuals out of State mental health and mental retardation facilities and into community-based housing. In 1977, RACSB joined with the Association for Retarded Citizens – Rappahannock and First Christian Church to form a group home for mentally retarded adults transitioning back into the community from Lynchburg Training School, a state institution. That home is now part of the RACSB's supervised apartment program.

Serving on the Igo Road Group Home Board of Directors are: RACSB Executive Director Ron Branscome (President), Jack Kunlo (Vice-President), David Clare (Secretary), Debbie Draper, Diane Hutchinson, Dee McCleskey, and Robert Fuscaldo.

Kenmore Club Member Honored by Mental Health Association



Velma Walker and Joe O'Malley, President, Mental Health Association in Fredericksburg

Kenmore Club member Velma Walker was honored by the Mental Health Association in Fredericksburg for her advocacy work on behalf of those with mental illness at the organization's annual awards ceremony on January 17, 2006. Velma was this year's recipient of the Respect Award, which recognizes an individual or organization whose personal testimony promotes recovery with dignity, free of stigma and prejudice, for persons with mental health needs. "It was a nice surprise," said Velma.

Velma is no stranger to the stigma associated with mental illness. During her junior year at St. Paul's College at the age of twenty, she was diagnosed with severe depression. She was treated and eventually returned to school, this time at Norfolk State University, where she graduated in 1979 with a degree in history. She moved in Fredericksburg in 1990. In addition to working, Velma raised her daughter, Alyshia, who she made certain was provided the opportunity to go to college. Alyshia graduated from Hampton University, Virginia.

An active member of Kenmore Club, RACSB's psychosocial clubhouse for adults with severe and persistent mental illness, Velma opens her home each week to her peers, where she facilitates a support group that promotes recovery and self-empowerment. The program, Wellness, Recovery, Action Plan (WRAP) began in May 2003 and helps participants take control of their mental illness by setting a daily routine and goals. The program is based on the book, "Winning Against Relapse," by Mary Ellen Copeland. "When I read the book, it made sense to me," she said. "It's about balancing your life. Of the group, she said, "We have coffee and talk about things we've done in the past week to fight stigma." Members of the group are active in mental illness awareness, often attending confer-

ences and assisting in awareness events locally.

On fighting the stigma against mental illness, she says there needs to be education for individuals on both sides of the issue. "Those with mental illness who feel the most helpless are the ones who are stigmatized the most," she said. "Much of that has to do with the way they carry themselves. If you do not take your medication, people are going to look at you differently, because you are *acting* differently," she said. On the other hand, she notes, "Many people just aren't at all sensitive to the needs of persons with mental illness."

In May 2005, Velma organized the first annual Mental Health Month Candlelight Vigil, hosted by the Wellness, Recovery, Action Plan group. The event, held on the steps of Market Square in Fredericksburg, served to raise awareness of challenges faced by persons with mental illness. This year's vigil will be held on Saturday, May 6, 2006 at Market Square, beginning at 7:00 p.m.

In addition to her work in the Fredericksburg region, Velma also advocates at the statewide level for persons with mental illness. On June 17, 2005, Velma was appointed by then-Governor Mark Warner to serve a three-year term on the on the Virginia Interagency Civil Admissions Advisory Council. The purpose of the Council is to study issues related to the provisions of Virginia law regarding the emergency custody, temporary detention, admission, and involuntary inpatient and outpatient treatment of persons with mental illness, propose recommendations and provide advice addressing those issues, and to improve the coordination and effectiveness of the implementation of those recommendations.

In addition to her advocacy work, Velma works twenty-two hours per week at

Rappahannock Goodwill Industries and is an active member of the Unitarian Universalist Fellowship of Fredericksburg.



Debbie Girvan, Fredericksburg City Council Member (left) and Velma Walker speak at the 1st Annual Candlelight Vigil, held Friday, May 6, 2005

MARK YOUR CALENDAR: 2006 LOCAL MENTAL HEALTH MONTH EVENTS

Mental Health Mile Run

Sunday, April 30th

Call (540) 371-2704 for more information

Free, Confidential Screenings for Anxiety Disorders

Wednesday, May 3, 2006

11:00 a.m. – 7:00 p.m.

Telephone screenings: (800) 362-5005

Candlelight Vigil

Saturday, May 6, 2006, 7:00 p.m.

Market Square, Fredericksburg

"The Art of Recovery" Art Show

Friday, May 12, 2006

4:00 p.m. – 7:00 p.m.

University of Mary Washington

Mental Health Information Booth

Saturday, May 20, 2006

10:00 a.m. – 1:00 p.m.

Spotsylvania Mall



Consumers & Staff Attend Rally

On Monday, January 16, 2006, staff and consumers participated in the Coalition for Virginians with Mental Disabilities' Rally, which began at 10:00 a.m. at St. Paul's Church in Richmond. They joined other advocates from across the Commonwealth to demonstrate support for increased funding for services to people with mental illness, mental retardation and substance abuse issues. The annual event also provides participants with the opportunity to speak with their legislators. The Coalition advocates for community services that are sufficient and adequate to meet the needs of each individual with a mental disability, and to improve the quality of care in all service delivery systems and settings.

Consumers and Staff enjoy the Coalition Rally, held January 16, 2006 in Richmond, Virginia.

Project LINK Participant Families Receive Holiday Gifts from Fredericksburg Area Realtors Association

On December 15th, more than forty families participated in Project LINK's annual Christmas program, which is sponsored by the Fredericksburg Area Realtor's Association. This year, Wachovia Mortgage Company was the host site for the gift pick-up. They also generously donated staff time and office space to hold the gifts until the families picked them up. Mrs. Marie Smith and her daughter-in-law, Denise, both of whom work for Century 21 Adventure, coordinated the program again this year, matching deserving families with several local real estate offices which adopted the families, provided funds, and completed all of the shopping for gifts. The staff of Project LINK extends a heartfelt thank you to Marie Smith, Denise Smith, and the Wachovia Mortgage Company for all of their hard work.

The program begins in early October and ends with a family Christmas party in December. Joining Project LINK in the party were staff of Healthy Families – Rappahannock Area and Program for Teen Parents, and the families served by the programs. This year's party was held at Strong Tower Church. Families received dinner, gifts, and a picture of their child with Santa. Decorations were provided by the Women's Service League and the gifts were from the preschool class at Fredericksburg United Methodist Church, which also sponsored the visit with Santa.

Dee Bryant, Project LINK Manager, helps a gift program recipient load packages into her vehicle



Program for Teen Parents Receives Grant

RACSB's Program for Teen Parents has received a grant in the amount of \$500 from Lamaze International through the organization's Community – Based Outreach Grant Initiative. The grant will support Program for Teen Parent's Teen Lamaze classes, allowing the program to offer two six-week Lamaze classes in 2006.

Program for Teen Parents serves pregnant and parenting teens throughout Planning District 16, providing both school-based and home-based education and support for pregnant and parenting teenagers to encourage a healthy pregnancy and positive relationship between mother and child

For the past eight years, the program has been able to offer Teen Lamaze classes, which focus on the unique developmental needs of expectant teens, helping them develop the knowledge and confidence to advocate for themselves and their children.

Program for Teen Parents Manager Laura Shoaf says the number of teens needing this service has grown rapidly in recent years, prompting the program to seek outside funding to assist in meeting the demand. "We are excited about the opportunity to partner with Lamaze International in providing quality, accessible child-birth education to this vulnerable population," she said.

Thank You!

A special thanks to Kay Richardson of Fredericksburg for her recent donation of \$100 to Rappahannock Area Community Services Board. Your support is appreciated!

Employee Service Recognitions

FIVE YEARS

Karin Martin, Office Manager, Rappahannock Adult Activities
Norma Tibbs, Day Support Aide, Rappahannock Adult Activities
Calethia Roberts, Intensive In-Home Therapist
Robert Nuzum, Director of Finance & Administration
Colleen Wolak, Public Information Specialist
Deb Johnson, Administrative Associate
Christine Hardyman, Residential Counselor I, Ruffins Pond Group Home

THREE YEARS

Glenda Knight, Juvenile Drug Court Therapist
Stanley Cannedy, Driver, Specialized Transportation Program
Timothy Alsfeld, Driver, Specialized Transportation Program
Debra Lord, Physical Therapist, Parent Education – Infant Development Program
Paulene Campbell, Residential Counselor I, Supported Living Program
Amelia Wicker, Residential Counselor I, Leeland Road Group Home,
Larinda Robinson, Mental Retardation Supervised Apartment Manager
Lynda Zebroski, Driver, Specialized Transportation Program
Dennis Dandridge, Residential Counselor I, Supported Living Program
Jessica Wallace, Child & Adolescent Case Manager
Dale Labbe, Driver, Specialized Transportation Program
Errol Slater, Driver, Specialized Transportation Program
Deidre Bryant, Project LINK Program Manager
Dr. Robert Strange, Psychiatrist

ONE YEAR

Melodie Eggleston, Family Support Worker, Parent Education - Infant Development Program; **Lynda Graddick**, Mental Retardation Day Support Aide; **Holly Rotundo**, Residential Counselor I, Wolfe Street Group Home; **Emily Rosson**, Mental Health Case Manager; **Traci Cox**, Information Technology Specialist; **Melissa Conway**, Residential Counselor I, Wolfe Street Group Home; **Martacelis Fuentes**, Family Support Worker, Healthy Families - Rappahannock Area; **Virginia McSwain**, Mental Retardation Day Support Specialist; **Cheryl Simms**, Substance Abuse Therapist, A Woman's Place; **Elizabeth Peacock**, Substance Abuse Case Manager, A Woman's Place; **Stephanie Hine**, Mental Health Residential Specialist; **Kallista Cadden**, Residential Counselor II, Bridgewater Street Supervised Apartments; **Perry Campanella**, Substance Abuse Therapist; **Melva Kishpaugh**, Purchasing Specialist; **Maggie Lynn**, Mental Health Residential Specialist; **Megan Valentine**, Sponsored Placement Supervisor; **Nancy Kelminski**, Psychosocial Advocate; **Barbara Brown**, Residential Counselor I, Piedmont Drive Group Home; **Lafaye Brown**, Reimbursement Technician; **Venus Henville**, Driver; **Valerie Jones**, Residential Counselor I, Piedmont Drive Group Home; **Michelle Miner**, Residential Counselor I, Devon Drive Group Home; **Shana Lumb**, Residential Counselor II, Piedmont Drive Group Home; **Mary Coleman**, Driver, Specialized Transportation Program; **Deborah O'Kelley**, Mental Retardation Case Manager; **Sue Magill**, Residential Counselor I, Stonewall Estates Group Home; **Megan Sparks**, Early Intervention Case Manager; **Kathleen Whitaker**, Mental Retardation Day Support Specialist; **Tawnia Brown**, Residential Counselor I, Snowden Supervised Apartments; **Cosandra McBride**, Residential Counselor I, Piedmont Drive Group Home; **Nathan Striegler**, Mental Retardation Day Support Specialist; and **Tiffany Jones-Monroe**, Parent Educator, Program for Teen Parents.

EMPLOYEE CHANGES:

December 2005 – February 2006

Judy Saddler-Nieder, Mental Health & Substance Abuse Therapist, Fredericksburg Clinic, has been laterally transferred to the position of Substance Abuse Therapist at the Office of Probation & Parole, effective January 16, 2006.

Larinda Robinson, Acting Manager, Stonewall Estates Group Home, has been promoted to Supervised Apartment Manager at Lafayette Boulevard Supervised Apartments, effective January 20, 2006.

Mary Newman, Residential Counselor I, Stonewall Estates Group Home, has been promoted to Residential Counselor II for the group home, effective January 30, 2006.

Susan McDonald, Residential Counselor I, Devon Drive Group Home, has been promoted from part-time to full-time status, effective January 16, 2006.

Amelia Wicker, Residential Counselor I, Leeland Road Group Home, has laterally transferred to the position of Residential Counselor I for Wolfe Street Group Home, effective February 13, 2006.



April is Child Abuse Prevention Month

RACSB joins approximately thirty local businesses in our region as a sponsor for the April Blue Ribbon Campaign against child abuse and neglect. During the month of April, the April Blue Ribbon Coalition distributes blue ribbons to raise awareness of the problem of child abuse and neglect in our community.

The blue ribbon was first used as a symbol of child abuse and neglect in Virginia in 1989. A Chesapeake grandmother used one as a memorial to her 3-year-old grandson, who was murdered by his mother's abusive boyfriend. She tied a blue ribbon on her own van as a reminder of the bruises of child abuse, and she recruited friends, neighbors and finally the local child abuse prevention agency to do the same. Each year, hundreds of thousands of blue ribbons are distributed across the country by organizations interested in solving the problem of child abuse and neglect. For more information on this year's campaign, contact Rappahannock Area Council for Children and Parents (RACCAP) at (540) 785-6217 or visit: www.raccap.org

H. Rex Holland Employee of the Month Award Winners



LEFT TO RIGHT:

Laverne Parker

*Residential Counselor I,
Ruffins Pond Group Home*

Nancy Kelminski

*Psychosocial Advocate,
Kenmore Club*

Mary Coles

*Mental Health Residential
Counselor I, Bridgewater Street
Supervised Apartments*

OCTOBER 2005 – LAVERNE PARKER: "Laverne has served as a Residential Counselor I at Ruffin's Pond for four years. Laverne is a very kind hearted individual, who will go out of her way to assist our consumers and see that they receive great care. Laverne has high standards when it comes to neatness – the group home always looks neat and organized after one of her overnight shifts! Laverne recently agreed to work several shifts at the Snowden Supervised Apartment Program when it was short on staff, where she quickly learned the consumers' routines and quickly became a friend to them. I wish only the best for Laverne and hopefully many more successful years at Ruffin's Pond!"

NOVEMBER 2005 – NANCY KELMINSKI: "In the year's time that Nancy has been with the agency, she has proven to be highly motivated and a quick study to RACSB practices. Nancy displays an exceptional work ethic day in and day out, and enthusiastically takes on new projects that are offered. Nancy has organized numerous fundraisers as part of helping community partners and those in need abroad. She has organized a fundraiser for Tsunami relief, a fundraiser for the American Heart Association through carnation sales during February 2005, Diabetes Association fundraiser, gift baskets of toys for children at Mary Washington Hospital and relief for victims of Hurricane Katrina. In addition, Nancy has organized special events for members of the Kenmore Club, including the Legislative Rally in Richmond, a Camping Trip involving three other clubhouses and was able to assist members in fund raising for a trip to King's Dominion. She organized our annual yard sale and was instrumental in the development of the Kenmore Club t-shirt design and sale. Nancy has been very generous and flexible with her time, always willing to cover for another staff person when the need arises. She has demonstrated the ability to create a true rehabilitative alliance with the consumers that she works with, creating an environment of empowerment."

DECEMBER 2005 – MARY COLES: "We have all heard of unsung heroes. They do the tireless job so far in the background that their efforts are never seen in the light of day. But we, who are up front, know that they are there because they make our job easier and they make us shine. One unsung hero who deserves accolades, kudos and recognition for many jobs "well done," is Mary Coles. She has been with the agency for 12 years. Mary is adored by the consumers at Bridgewater not just because she does her job effectively but because she goes above and beyond to ensure that in the wee hours of the night, while most of us sleep, the consumers at Bridgewater have the best care possible. She personifies our mission "to treat with dignity and respect." Many nights, the consumers assigned to or visiting Bridgewater are awake. They have difficulties sleeping and just need extra care, an encouraging word, a helpful hand, a warm heart to pass the time with or a listening ear. Mary provides this with such grace and enthusiasm that staff are thankful that she is here to soothe what could be "troubled" nights."

New Employees & Volunteers: December 2005 - February 2006

OSBERT CUSH

Mental Health
Residential Coordinator

ROSHNI PRAVIN NAIK

Substance Abuse Intern
Jail-Based Services

DONALD JENKINS

Driver, Specialized
Transportation Program

LAVERNE DABNEY

Residential Counselor I
Stonewall Estates Group Home

BEVERLY EBINGER

Occupational Therapist
Parent Education – Infant
Development Program

SANDRA CLARK

Day Support Aide
Rappahannock
Adult Activities

ANNE LEE

Occupational Therapist
Parent Education – Infant
Development Program

SALLY HALL

Mental Retardation
Case Manager

KATHY SICKLER

Substance Abuse Case Manager,
Fredericksburg Clinic

EMILY PEMBERTON

Day Support Counselor
Rappahannock Adult Activities

RYAN CAPIZZI

MH Residential Counselor II
Bridgewater Supervised Apartments

TIFFANY GUNN

Manager, Stonewall Estates
Group Home

TOM WEINER

Volunteer, Kenmore Club

SHELVA LEAR

Driver, Specialized
Transportation Program

ANDREW WEST

Psychosocial Advocate
Kenmore Club

**ADMINISTRATION/
EXECUTIVE DIRECTOR**

600 Jackson Street
Fredericksburg, VA 22401
(540) 373-3223

**OUTPATIENT
& CASE MANAGEMENT**

Fredericksburg Clinic
600 Jackson St.
Fredericksburg, VA 22401
(540) 373-3223 V/TTY

Spotsylvania Clinic
7424 Brock Rd.
Spotsylvania, VA 22553
(540) 582-3980 V/TTY

Stafford Clinic
15 Hope Road
Stafford, VA 22554
(540) 659-2725 V/TTY

Caroline Clinic
Pitts & Manns Realty Bldg.
204 North Main St.
Bowling Green, VA 22427
(804) 633-9997 V/TTY

King George Clinic
8479 St Anthonys Road
King George, VA 22485
(540) 775-9879 V/TTY

EMERGENCY SERVICES

Fredericksburg: (540) 373-6876
Stafford: (540) 373-6876
Spotsylvania: (540) 373-6876
Caroline: (804) 633-4148
King George: (540) 775-5064

DAY SUPPORT SERVICES

Rappahannock Adult Activities, Inc
750 Kings Hwy.
Fredericksburg, VA 22405
(540) 373-7643

The Gathering Place (RAAI)
17486 A-1 Center Dr, Box #5
Ladysmith, VA 22546

Twin Lakes Offsite (RAAI)
Twin Lakes Plaza
1646 Lafayette Blvd
Fredericksburg VA 22401
(540) 372-6827 or 372-6981

Stafford Clinic (RAAI)
15 Hope Road
Stafford, VA 22554
(540) 659-2725 V/TTY

King George Clinic (RAAI)
8479 St Anthonys Road
King George, VA 22485
(540) 775-9879 V/TTY

Psychosocial Rehabilitation
Program – Kenmore Club
632 Kenmore Avenue
Fredericksburg, VA 22401
(540) 373-7737

RESIDENTIAL SERVICES

MH Supportive Residential
401 Bridgewater Street
Fredericksburg, VA 22401
(540) 899-4516

Lafayette Blvd Apartments
818 Lafayette Boulevard
Fredericksburg, VA 22401
(540) 899-4437

Snowden Village Apartments
2340 Cowan Blvd.
Apt 302/303
Fredericksburg, VA 22401
(540) 899-4483

MR Supportive Residential
Bowman Center
3306 Bourbon Street
Fredericksburg, VA 22408
(540) 899-4373

Sponsored Placement Program
Bowman Center
3306 Bourbon Street
Fredericksburg, VA 22408
(540) 899-4358

Wolfe Street Group Home
815 Wolfe Street
Fredericksburg, VA 22401
(540) 899-4428

Stonewall Estates Group Home
601 Halleck Street
Spotsylvania, VA 22553
(540) 785-9626

Leeland Road Group Home
82 Leeland Road
Stafford, VA 22554
(540) 899-4430

Devon Drive Group Home
729 Welsh Dr
Ruther Glen, VA 22546
(804) 448-1510

Piedmont Drive Group Home
11430 Piedmont Drive
Fredericksburg, VA 22407
(540) 786-3676

Ruffin's Pond Group Home
10100 Heriot Row
Spotsylvania, VA 22553
(540) 654-1700

Riverplace Apartments
708 Sophia Street
Fredericksburg, VA 22401
(540) 899-4516

Liberty Street Apartments
915 Liberty Street
Fredericksburg, VA 22401
(540) 899-4429

PREVENTION SERVICES

Healthy Families-Rappahannock Area
2217 Princess Anne Street
Suite 306-1
Fredericksburg, VA 22401
(540) 899-4217

Project LINK
2016 Lafayette Blvd.
Fredericksburg, VA 22401
(540) 891-3132

Program for Teen Parents
Fredericksburg (540) 373-3223
Spotsylvania (540) 582-3980
Stafford (540) 659-2725

EARLY INTERVENTION

Parent Education-Infant
Development Program
600 Jackson Street
Fredericksburg, VA 22401
(540) 371-2712

Infant & Toddler Connection
of the Rappahannock Area
(540) 372-3561
(877) 268-4169 (toll free)

Rappahannock Area Community Services Board
600 Jackson Street
Fredericksburg, VA 22401

US Postage Paid
Non-Profit Org.
Fredericksburg, VA
Permit No. 210



RACSB Newsletter is published quarterly by the Rappahannock Area Community Services Board
Executive Director – Ronald W. Branscome / Editor – Colleen Wolak
600 Jackson Street, Fredericksburg, VA 22401 Phone: (540) 373-3223